

# Healthcare Newsletter

[www.professionalaudiology.com](http://www.professionalaudiology.com)

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Fall 2014

## Remember Samantha Caron, our audiology resident?

Well she is now Dr. Samatha Lewandowski!

Not only did she receive her doctoral degree in  
May of 2014, she joined our practice full time  
and also got married!

Congratulations and best of luck!



Dana Fiske, AuD, Nancy Charest, AuD,  
Samantha Lewandowski, AuD, Erica Regan, AuD

What? What did you say? I wish you would stop mumbling! Have you found yourself saying this a lot lately? Maybe it isn't the other person, maybe it's you? Do you have trouble following conversations in crowds? Stop missing out. Stop feeling left out. Come in and see the wonderful people at Professional Audiology. You know for a long time I put off my visit because I was embarrassed by my hearing loss. There was no need for me to feel this way because everyone at the office made me feel comfortable. Don't wait any longer make your appointment today. Hear what you have been missing! -Linda M.

## October is National Audiology Awareness Month

As the primary health-care professionals who diagnose, manage, and treat hearing loss, tinnitus and balance disorders, audiologists provide comprehensive care that goes beyond the hearing aid.

With doctoral-degree education and licensure requirements, audiologists maintain the highest level of knowledge in hearing aid technology, testing, and communication strategies.

Approximately 36 million Americans suffer from hearing loss. More than half of the people with

Noise-induced hearing loss can be caused by prolonged exposure to any loud noise over 85 dB. The loudness of sound is measured in units called decibels (dB).

- 60 dB—Normal conversations or dishwashers
- 90 dB—Hair dryers, blenders, and lawnmowers
- 100 dB—MP3 players at full volume
- 110 dB—Concerts, car racing, & sporting events
- 120 dB—Jet planes at take off
- 130 dB—Ambulances and fire engine sirens
- 140 dB—Gun shots, fireworks, & custom car stereos at full volume




Linda M.

**Professional  
AUDIOLOGY**

*Trusted by Patients...  
Respected by Doctors*

## Fall Hearing Event

The holidays will be here soon. Are you feeling isolated from people or things you love? We can help!



\$500 off pair of premium hearing instruments



We will perform a visual examination of your ear canal, evaluate your current hearing ability and determine the type of hearing loss you may have.



Let's discuss your current lifestyle. Tell us about the types of sound environments you frequent. This will help us understand the level of technology best suited for your lifestyle.



You DO have options! We will show you the hearing aids that are best suited for your hearing loss type and lifestyle.

**Tuesday & Thursday  
October 14th & 16th**

603-436-8668

Our **Portsmouth** Location at  
330 Borthwick Ave., Ste 209  
Portsmouth, NH 03801

## Come to our 3-day Event

- FREE hearing evaluation and consultation
- FREE 4-year warranty & FREE batteries
- FREE cleaning of your current instruments
- 45 day no-risk trial

**Space is limited! RSVP today**

**Wednesday**

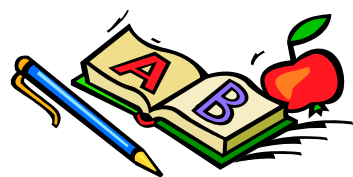
**October 15th**

603-778-7620

Our **Stratham** Location at  
62 Portsmouth Ave.  
Stratham, NH 03885

Professional Audiology Center  
330 Borthwick Ave, #209  
Portsmouth, NH 03801

## Fall 2014 Newsletter



## It's back to school time!

Did you know that approximately 12% of all children ages 6-19 have noise-induced hearing loss!

**Noise-induced hearing loss is permanent and is almost always preventable!**

\*Noise-induced hearing loss is caused by damage to the hair cells that are found in our inner ear. Once damaged, our hair cells cannot grow back. This causes permanent hearing loss.

\*Hearing loss can happen at any age. A growing number of teens and kids are damaging their hearing by prolonged exposure to loud noise.

### How to protect your child's hearing?

\*Teach your child to turn down the volume.

\*Have your child wear proper hearing protection when in noisy environments. Custom-made earplugs can be obtained from your audiologist.

\*Teach your child to walk away from loud noise. Noise risks include: Arcades, sporting events, MP3 players, etc.

